## GENERATIONS PHYSICAL THERAPY

## **Concussion Order**

Travis Tarr, DPT, Director of Concussion & Rehabilitation Services t.tarr@generationspt.com www.generationspt.com

Name:Date:
Diagnosis:Precautions:
Date of Concussion:Sport Returning to:
Frequency:times/week Duration: 1 2 3 4 5 6 Other:
Baseline Performed: O Yes O No If Yes, Location Performed:
☑ Physical Therapy Evaluation and Treatment (order specific to ImPACT trained therapist)
O Impact Computerized Neurocognitive Testing O Baseline O Post-Concussion Test (initial) O Post-Concussion Re-Test O Physician to Re-test O Frequency or Date of Re-test:
O Vestibular Rehabilitation O Physician Follow up Required Prior to Protocol Progression O Progress Appropriately as per Protocol O Other:
O Exertion Protocol O Stage 1 (30-40% HR Max) O Stage 2 (40-60% HR Max) O Stage 3 (60-80% HR Max) O Stage 4 (80% HR Max) Sport Specific O Stage 5 (80-100% HR Max) Sport Specific
O Aquatic Rehab Center O Include Hydroworx
Scheduled Follow Up: Physician:

Present this order at your scheduled appointment at the location nearest you

Barboursville: 304-733-9560 Hurricane: 304-757-2500 Winfield: 304-586-4200

Milton: 304-743-6995 Grayson: 606-474-7649

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